

Statement of Commitment for the Reduction and Elimination of Restrictive Practices and Supporting Implementing Providers When Unauthorised Restrictive Practices Are Used

Therapy Pro is committed to supporting clients in their behaviour support needs as per *National Disability Insurance Scheme (Restrictive Practices and Behaviour Support) Rules 2018*.

Each client is only subject to a restrictive practice that meets any state and territory authorisation (however described) requirements and the relevant requirements and safeguards outlined in Commonwealth legislation and policy.

Therapy Pro will:

1. be knowledgeable in and understand the authorisation and use of regulated restrictive practices in challenging an individual's human rights;
2. be knowledgeable in and understand relevant state or territory legislation and/or policy requirements for the use and authorisation of any restrictive practices included in behaviour support plans (PBSP) that we author;
3. ensure each behaviour support practitioner undertakes professional development and supervision to maintain an understanding of practices considered restrictive and the risks associated with those practices;
4. ensure each client and, with the client's consent, their support network, providers implementing behaviour support plans, and other relevant stakeholders are engaged in development of PBSP's we author and alternatives to the use of restrictive practices are always considered, explored and promoted;
5. ensure that regulated restrictive practices are only included in a participant's behaviour support plan in accordance with relevant Commonwealth legislation and/or policy requirements and relevant state or territory legislation and/or policy requirements for obtaining authorisation (however described) for the use of any restrictive practices;
6. ensure that regulated restrictive practices in behaviour support plans comply with the conditions prescribed in the *NDIS Quality and*

Safeguarding Commission legislation and standards;

7. ensure that the focus for each client's plan is to reduce and/or eliminate the need for the use of any restrictive practices; and
8. provide support to implementing providers to understand and implement behaviour support plans where appropriate and within the bounds of a client Service Agreement.

Supporting Implementing Providers When Unauthorised Restrictive Practices Are Used

Therapy Pro will:

1. upon referral from an Implementing Provider, review the use of unauthorised restrictive practices that have occurred in a timely manner where possible;
2. make recommendation of client's immediate referral to, and assessment by a medical practitioner (where appropriate) is supported;
3. collaborate with mainstream service providers, such as police and/or other emergency services, mental health, and emergency department, treating medical practitioners and other allied health clinicians, in responding to the unauthorised use of a restrictive practice, where Therapy Pro is involved with the client;
4. recommend the Implementing Provider report the occurrence of unauthorised use of restrictive practices immediately as per the *National Disability Insurance Scheme (Incident Management and Reportable Incidents) Rules 2018*;
5. support when requested and where we are involved with the client, debriefing processes to identify areas for improvement and to inform further action by the Implementing Provider;
6. recommend commencement of Authorisation processes (however described) to be initiated by the Implementing Provider prior to Therapy Pro being able to commence the Improved Relationships work;
7. include stakeholders as appropriate, including but not limited to formal decision makers, are included in the review of all incidents involving the unauthorised use of restrictive practices and the development of strategies to negate their future use.